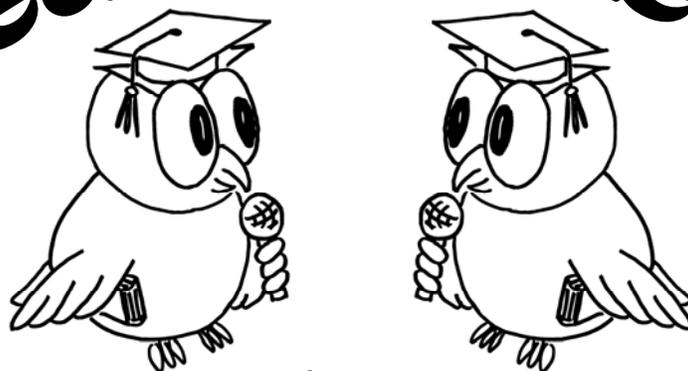


Head to Head



Let's Go!

Coach's Guide

Real World

Personal Note to Coaches:

Thank you for your time and energy. Both are scarce, and you are very much appreciated. The *Head to Head* program is a chance for every young person to shine in his or her area of interest. It opens up whole new arenas for competition and success for ALL kids. Whether it's on the field, on the court, on the stage, on the easel, or in the classroom, it is vitally important to encourage the pursuit of excellence...but you already knew that, didn't you? I welcome feedback on any aspect of this program.

feedback@HeadtoHeadTesting.com

Thanks Again!

Event Coach:

- Coaches may coach more than one event and/or more than one act per performance event.
- Familiarize yourself with the Coach's Guide for your event(s).
- Emphasize courtesy and good sportsmanship.
- Schedule practice sessions.
- Make copies of the Student Study Guide, Practice Test, and/or Judge's Evaluation form.
- Insure that team members have appropriate study materials, music, manuscripts, etc.
- Insure that team members understand all rules pertaining to their event.
- Work with your coordinator to establish which team members compete at which meet and in what order the performers will compete.
- Vocal performance event coaches - if your student is using a recorded instrumental track:
 - ◊ one copy of the CD must be given to your coordinator before each meet
 - ◊ be aware of the file format used on the CD (compatibility varies)
 - ◊ clearly label the CD with performer's name, song title, and track number
- Performance event coaches - be aware of performance minimum and maximum time limits.
- Performance event coaches - your act may notify the timekeeper if they do NOT want time signs to be displayed.
- Performance event coaches - be aware of how many and what type of microphones are available at the host school. (Ask your coordinator.)
- Performance event coaches - you are responsible for props. Bring your own or communicate your needs with your host school BEFORE the meet.

Rules for the Written Testing Events:

- 1-6 students per team for each event
- Top score for each team - for each event - applies to team point total
- Students may not talk or ask questions during the test.
- If a student needs a new pencil, he or she should raise a hand, and a new pencil will be provided.
- Students MAY use scratch paper. (no calculators)
- If a student is caught cheating, his/her school will receive 0 points for that test regardless of which student is that school's high scorer.

Real World Topics Covered

Encourage your team members to study these areas:

- Basic Topics From All School Subject Areas
- Cooking
- Laundry
- Manners
- Nutrition and Health
- Personal Finance
- Career Planning
- Safety
- Vocabulary
- General Knowledge
- Miscellaneous

Sample Questions:

Credit card companies want you to:

- A. Borrow as much as you can
- B. Pay the minimum payment each month
- C. Get your credit cards from them
- D. All of the above

Bread, cereal and pasta are good sources of:

- A. Protein
- B. Vitamins
- C. Carbohydrates
- D. Fat

The prefix, "hyper-" means:

- A. Limited
- B. Excessive
- C. Complete
- D. Reduced

The next page is a study guide that can be copied for all of your team members.

Good Luck!

Real World Study Guide

Congratulations for taking the “real world” challenge!

You should brush up your skills on these topics:

- **Basic Things You Learned in All School Subjects**

- There really are some math skills you'll use in real life!
- Science too - NEVER mix ammonia and bleach, for example.
- Everyone should be able to read a map and identify places on a globe.
- You need to know the meaning of and be able to use lots of words.
Brush up on your vocabulary skills.

- **Cooking**

- Can you follow a recipe?
- Do you know the basic terminology used in cookbooks?

- **Laundry**

- Different fabrics, different products, different temperatures...you need to know about these things. Mom won't do your wash forever!

- **Manners**

- Basic courtesy when dealing with other people is very important.
- Do you know how to behave at a fancy restaurant?
- No matter what your job is, you will always need to be able to get along with other people. Learn it...live it...love it.

- **Nutrition and Health**

- What is protein? What does it do to and for your body?
- What's a “carb”? How does your body react to them?
- Do you know your vitamins and minerals?

- **Personal Finance**

- Why are credit cards dangerous?
- Can you balance a checkbook?

- **Career Planning**

- What is a resume?
- Know some basic skills to do well in a job interview.

- **Safety**

- How to be safe at home...on bikes...in vehicles...in public...you get the idea.

- **General Knowledge & Miscellaneous**

- Could be anything!